
THE COLORADO ASSESSMENT SOCIETY



The Colorado Assessment Society is pleased to present:

***Using the Thurston Cradock Test of
Shame (TCTS) to mine for
"psychotherapeutic gold"***

Presented by: Julie Cradock O'Leary, Ph.D.

Co-Sponsored by the University of Denver, Graduate
School of Professional Psychology

Date: Friday, April 22, 2022

Time: 8:30 am - 5:30 pm

*Location: University of Denver, Ammi Hyde Building,
Room 133, 2450 S. Vine Street, Denver, Colorado*



UNIVERSITY *of*
DENVER

GRADUATE SCHOOL OF PROFESSIONAL PSYCHOLOGY

TOPIC OVERVIEW

Topic overview:

Shame is a profound sense of inadequacy, that your core self is fundamentally flawed. It underlies many relationship difficulties and is often hidden within the symptoms that lead to therapy and psychological assessment. As a complex construct and dynamic, it is difficult to evaluate shame with a clinical interview or questionnaire. This workshop will teach the Thurston Cradock Test of Shame (TCTS; 2009), a card-based storytelling measure deeply rooted in shame theory and designed to access the multidimensional internal, interpersonal and behavioral aspects of shame. Actual TCTS protocols will be used to provide a brief primer on shame, and to illustrate subtle expressions of shame, shame dynamics, defenses used to protect oneself from shame, styles of coping with shame and varying abilities to manage it. Attendees will learn how to administer, score and interpret TCTS protocols. Attendees will also learn how the TCTS can be used as a tool for a variety of clinical interventions.

GOALS & OBJECTIVES

Goals & objectives:

At the end of the workshop, attendees will be able to:

1. Assess when a formal evaluation of shame is clinically appropriate
2. Identify the three key defenses of shame measured with the TCTS
3. Explain the basics of how to administer, score and interpret the TCTS.
4. Describe how the TCTS can reveal interpersonal shame dynamics in couples and families
5. Describe how the TCTS can be used as a therapeutic intervention

THE PRESENTER

Julie Cradock O'Leary, Ph.D.

Julie Cradock O'Leary, Ph.D. is a Licensed Clinical Psychologist in private practice in Anchorage, Alaska where she works with children, adolescents and adults. Julie uses a psychodynamic approach, influenced by self psychology. Julie is co-author of the Thurston Cradock Test of Shame (TCTS). She has studied shame for over 27 years, and still enjoys discovering the intricacies of how shame is at work in individuals and systems in cultures around the world. Julie regularly presents on shame and the TCTS at professional conferences, as well as clinical and academic settings in the United States and abroad. She conducts research with the TCTS, and especially enjoys working with graduate students completing dissertations or simply seeking research experience. Julie published two TCTS case studies in Rorschachiana in 2020. She provides individual and group consultation for professionals seeking to better understand shame dynamics in their clients. Additionally, Julie provides TCTS scoring and interpretation services. She is a member of the American Psychological Association, International Society for the Rorschach and Projective Methods, Society for Personality Assessment, and Therapeutic Assessment Institute. She is a reviewer for several journals, including the Journal of Personality Assessment and Rorschachiana.



TENTATIVE WORKSHOP SCHEDULE, CONTINUING EDUCATION, AND MORE

Schedule:

8:30-9:30	Shame theory as it relates to the TCTS
9:30-10:15	TCTS administration – including small group practice
10:15-10:30	Break
10:30-12:30	TCTS scoring – including small group collaboration
12:30-1:30	Lunch
1:30-2:00	TCTS scoring – large group review
2:00-3:30	TCTS interpretation – including small group collaboration
3:30-3:45	Break
3:45-4:15	Using the TCTS as a clinical tool or intervention
4:15-5:00	Special issues: Using the TCTS with children, adolescents, families, and couples
5:00-5:30	Q&A

Continuing Education

This workshop qualifies for **7.5 hours of CE credits** for psychologists through our co-sponsor, the University of Denver, Graduate School of Professional Psychology (GSPP). GSPP is approved by the American Psychological Association to sponsor continuing education for psychologists. GSPP maintains responsibility for this program and its content.

Grievance Procedures

Your satisfaction is our goal. Concerns should be addressed to:
coloradoassessmentsociety@gmail.com

Non-Discrimination Statement

Colorado Assessment Society (CAS) does not discriminate on the basis of race, color, national origin, religion, sex, disability, military status, sexual orientation, gender identity or age. CAS is committed to accessibility and non-discrimination in all aspects of its continuing education activities. Participants who have special needs are encouraged to contact program organizers so that all reasonable efforts to accommodate these needs can be made.

Conflict of Interest

In compliance with continuing education requirements, all presenters must disclose any financial or other associations with companies to which they have a direct link and/or financial relationship related to the topic/content of their presentation.

Special Accommodations:

GSPP is compliant with the American with Disabilities Act.

Colorado Assessment Society:

The Colorado Assessment Society is an organization of psychologists and psychologists in training dedicated to the advancement of cognitive and personality assessment. The purpose of the society is to foster the training, practice, and development of cognitive and personality assessment as a discipline, science, and profession through meetings, workshops, research, and dissemination of findings. The society advocates high standards of care in the best interests of the client. It also promotes interdisciplinary and inter-professional cooperation. **For information about joining the Colorado Assessment Society, please email us at coloradoassessmentsociety@gmail.com.**

REGISTRATION AND PAYMENT

To pay by PayPal (using credit card or bank transfer), please click on the link in the middle of this page that reflects your status and fee.

To register, please fill out this registration form and send it as an attachment to coloradoassessmentsociety@gmail.com to reserve your spot in this training. Your registration will be complete when payment is received.

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Registration must be received in full by **April 15th, 2022**

Cancellation Policy

Cancellations before the April 15th registration deadline will lead to a full refund. Cancellations occurring after April 15th will receive a 50% refund. If the event is cancelled for any reason, we will refund your fee in full. We reserve the right to deny participation to any applicant or to cancel the workshop for any reason. You will be sent an email confirmation of your registration so please be sure we have correct email information for you.